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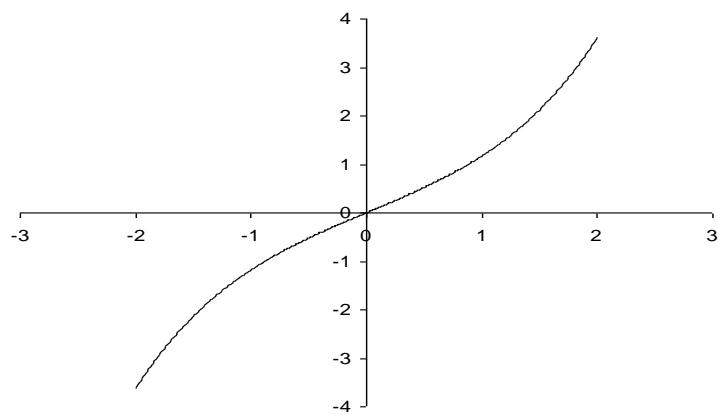
## Hyperbolic and Inverse hyperbolic Functions

### A) Hyperbolic Functions

#### 1- Definitions

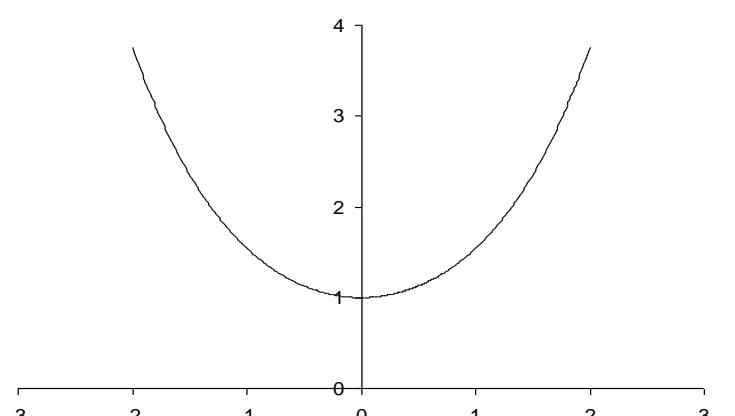
$$(1) y = \sinh x = \frac{e^x - e^{-x}}{2}$$

D : All x ; R : All y



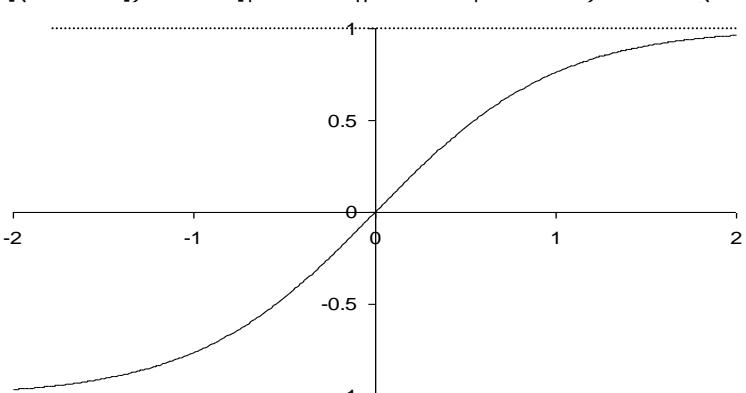
$$(2) y = \cosh x = \frac{e^x + e^{-x}}{2}$$

D : All x ; R : y ≥ 1



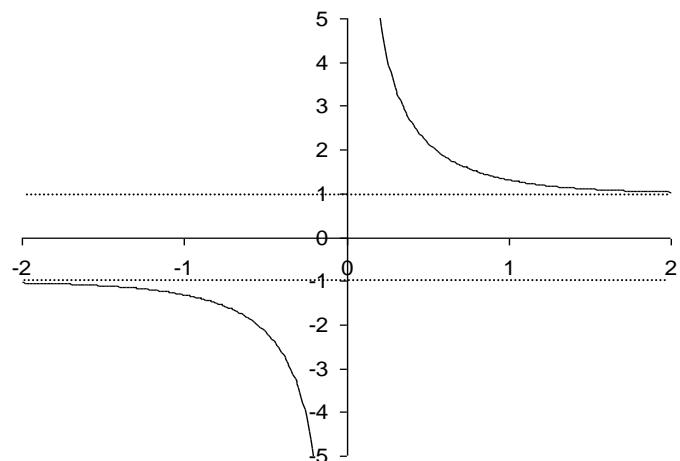
$$(3) y = \tanh x = \frac{\sinh x}{\cosh x} = \frac{e^x - e^{-x}}{e^x + e^{-x}}$$

D : All x ; R : -1 < y < 1



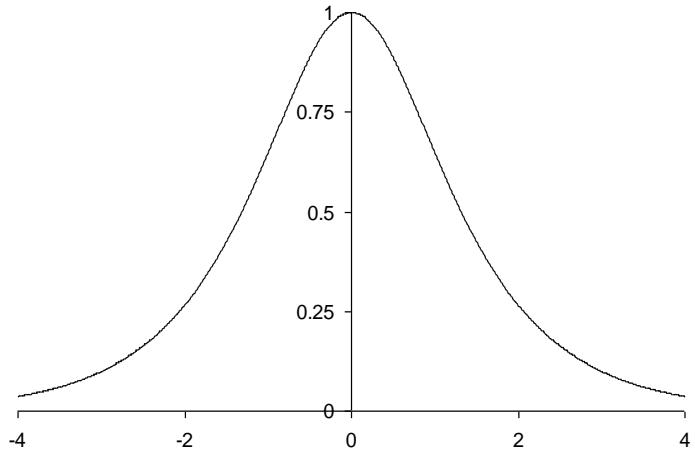
$$(4) y = \coth x = \frac{\cosh x}{\sinh x} = \frac{e^x + e^{-x}}{e^x - e^{-x}}$$

D : All x Except x = 0 ; R : y > 1 and y < -1



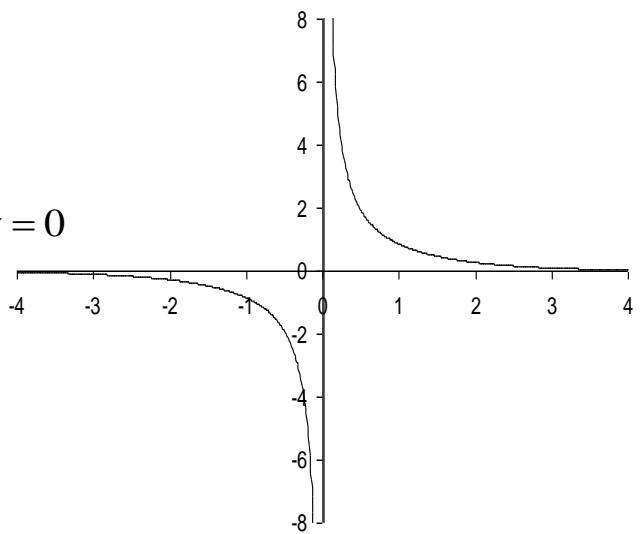
$$(5) y = \operatorname{sech} hx = \frac{1}{\cosh x} = \frac{2}{e^x + e^{-x}}$$

D : All x ; R :  $0 < y \leq 1$



$$(6) y = \operatorname{csc} hx = \frac{1}{\sinh x} = \frac{2}{e^x - e^{-x}}$$

D : All x Except  $x = 0$ ; R : All y Except  $y = 0$



## 2- Identities

$$(1) \cosh x + \sinh x = e^x$$

$$\therefore \cosh x + \sinh x = \frac{e^x + e^{-x}}{2} + \frac{e^x - e^{-x}}{2} = 2 \frac{e^x}{2} = e^x$$

$$(2) \cosh x - \sinh x = e^{-x}$$

$$\therefore \cosh x - \sinh x = \frac{e^x + e^{-x}}{2} - \frac{e^x - e^{-x}}{2} = 2 \frac{e^{-x}}{2} = e^{-x}$$

$$(3) \cosh^2 x - \sinh^2 x = 1$$

$$\therefore (\cosh x + \sinh x)(\cosh x - \sinh x) = e^x \times e^{-x} \Rightarrow \cosh^2 x - \sinh^2 x = 1$$

$$(4) 1 - \tanh^2 x = \operatorname{sech}^2 x$$

$$\therefore \cosh^2 x - \sinh^2 x = 1, \div \cosh^2 x \Rightarrow 1 - \tanh^2 x = \operatorname{sech}^2 x$$

$$(5) \coth^2 x - 1 = \csc h^2 x$$

$$\because \cosh^2 x - \sinh^2 x = 1, \div \sinh^2 x \Rightarrow \coth^2 x - 1 = \csc h^2 x$$

$$(6) \sinh 2x = 2 \sinh x \cosh x$$

$$(7) \cosh 2x = \cosh^2 x + \sinh^2 x$$

$$(8) \cosh^2 x = \frac{1 + \cosh 2x}{2}$$

$$(9) \sinh^2 x = \frac{\cosh 2x - 1}{2}$$

$$(10) \sinh(x \pm y) = \sinh x \cosh y \pm \cosh x \sinh y$$

$$(11) \cosh(x \pm y) = \cosh x \cosh y \pm \sinh x \sinh y$$

### **3- Derivatives**

$$(1) y = \sinh x = \frac{e^x - e^{-x}}{2} \Rightarrow \frac{dy}{dx} = \frac{e^x + e^{-x}}{2} = \cosh x$$

$$(2) y = \cosh x = \frac{e^x + e^{-x}}{2} \Rightarrow \frac{dy}{dx} = \frac{e^x - e^{-x}}{2} = \sinh x$$

$$(3) y = \tanh x = \frac{\sinh x}{\cosh x} \Rightarrow \frac{dy}{dx} = \frac{\cosh x \cosh x - \sinh x \sinh x}{\cosh^2 x} = \frac{\cosh^2 x - \sinh^2 x}{\cosh^2 x}$$

$$\therefore \frac{dy}{dx} = \frac{1}{\cosh^2 x} = \sec h^2 x$$

$$(4) y = \coth x = \frac{\cosh x}{\sinh x} \Rightarrow \frac{dy}{dx} = \frac{\sinh x \sinh x - \cosh x \cosh x}{\sinh^2 x} = \frac{\sinh^2 x - \cosh^2 x}{\sinh^2 x}$$

$$\therefore \frac{dy}{dx} = \frac{-1}{\sinh^2 x} = -\csc h^2 x$$

$$(5) y = \sec hx = \frac{1}{\cosh x} \Rightarrow \frac{dy}{dx} = \frac{\cosh x \times (0) - 1 \times \sinh x}{\cosh^2 x} = -\frac{1}{\cosh x} \cdot \frac{\sinh x}{\cosh x}$$

$$\therefore \frac{dy}{dx} = -\sec hx \tanh x$$

$$(6) y = \csc hx = \frac{1}{\sinh x} \Rightarrow \frac{dy}{dx} = \frac{\sinh x \times (0) - 1 \times \cosh x}{\sinh^2 x} = -\frac{1}{\sinh x} \frac{\cosh x}{\sinh x}$$

$$\therefore \frac{dy}{dx} = -\csc hx \coth x$$

#### 4- Integrals

$$(1) \int \sinh x dx = \cosh x + c$$

$$(2) \int \cosh x dx = \sinh x + c$$

$$(3) \int \sec h^2 x dx = \tanh x + c$$

$$(4) \int \csc h^2 x dx = -\coth x + c$$

$$(5) \int \sec hx \tanh x dx = -\sec hx + c$$

$$(6) \int \csc hx \coth x dx = -\csc hx + c$$

**Ex1:** Find the derivative of:

$$(1) y = \sinh^2(\sqrt{x})$$

$$\therefore \frac{dy}{dx} = 2 \sinh(\sqrt{x}) \cosh(\sqrt{x}) \left( \frac{1}{2\sqrt{x}} \right) = \frac{\sinh \sqrt{x} \cosh \sqrt{x}}{\sqrt{x}}$$

$$(2) y = \cosh(\ln x) \Rightarrow y = \frac{e^{\ln x} + e^{-\ln x}}{2} = \frac{1}{2} \left( e^{\ln x} + \frac{1}{e^{\ln x}} \right) = \frac{1}{2} \left( x + \frac{1}{x} \right)$$

$$\therefore y = 0.5x + 0.5x^{-1} \Rightarrow \frac{dy}{dx} = 0.5 + 0.5(-x^{-2}) = 0.5 \left( 1 - \frac{1}{x^2} \right)$$

$$(3) y = \sin^{-1}(\tanh x) \Rightarrow \frac{dy}{dx} = \frac{1}{\sqrt{1 - \tanh^2 x}} \sec h^2 x$$

$$\therefore 1 - \tanh^2 x = \sec h^2 x \Rightarrow \frac{dy}{dx} = \frac{\sec h^2 x}{\sqrt{\sec h^2 x}} = \sec hx$$

$$(4) x \sinh y = \sec hx$$

$$\therefore x \cosh y y' + \sinh y = -\sec hx \tanh x \Rightarrow x \cosh y y' = -\sinh y - \sec hx \tanh x$$

$$\therefore \frac{dy}{dx} = \frac{-\sinh y - \sec hx \tanh x}{x \cosh y}$$

**Ex2:** Evaluate the following integrals:

$$(1) \int \cosh(2-3x)dx = \frac{1}{-3} \int -3 \cosh(2-3x)dx = \frac{-1}{3} \sinh(2-3x) + c$$

$$(2) \int \tanh(5x)dx = \int \frac{\sinh(5x)}{\cosh(5x)}dx = \frac{1}{5} \int \frac{5 \sinh(5x)}{\cosh(5x)}dx = \frac{1}{5} \ln|\cosh(5x)| + c$$

$$(3) \int_0^1 \sinh^2 x dx \Rightarrow \sinh^2 x = \frac{\cosh 2x - 1}{2}$$

$$= \int_0^1 \frac{\cosh 2x - 1}{2} dx = \left[ \frac{\sinh 2x}{4} - \frac{x}{2} \right]_0^1 = \left[ \frac{\sinh 2}{4} - \frac{1}{2} \right] - \left[ \frac{\sinh 0}{4} - \frac{0}{2} \right]$$

$$= \left[ \frac{3.626}{4} - \frac{1}{2} \right] = \left[ \frac{0}{4} - 0 \right] = 0.406$$

$$(4) \int_0^2 \frac{\sinh x}{\sinh x + \cosh x} dx$$

$$\because \sinh x + \cosh x = e^x \text{ and } \sinh x = \frac{e^x - e^{-x}}{2}$$

$$\therefore \int_0^2 \frac{\sinh x}{\sinh x + \cosh x} dx = \int_0^2 \frac{e^x - e^{-x}}{2e^x} dx = \int_0^2 \frac{1 - e^{-2x}}{2} dx = \int_0^2 0.5 dx - \int_0^2 0.5 e^{-2x} dx$$

$$= \left[ 0.5x - \frac{0.5}{-2} e^{-2x} \right]_0^2 = \left[ 0.5x + 0.25 e^{-2x} \right]_0^2 = [0.5(2) + 0.25 e^{-4}] - [0.5(0) + 0.25 e^0]$$

$$= [1 + 0.00457] - [0 + 0.25] = 0.7545$$

$$(5) \int \sinh^3 x dx = \int \sinh x \sinh^2 x dx$$

$$\because \cosh^2 x - \sinh^2 x = 1 \Rightarrow \sinh^2 x = \cosh^2 x - 1$$

$$= \int \sinh x (\cosh^2 x - 1) dx = \int \cosh^2 x \sinh x dx - \int \sinh x dx = \frac{\cosh^3 x}{3} - \cosh x + c$$

$$(6) \int \frac{\cosh(\ln x)}{x^2 + 1} dx = \int \frac{e^{\ln x} + e^{-\ln x}}{2(x^2 + 1)} dx = \int \frac{\frac{x+1}{x}}{2(x^2 + 1)} dx = \int \frac{x^2 + 1}{2x(x^2 + 1)} dx$$

$$= \int \frac{0.5}{x} dx = 0.5 \ln|x| + c$$

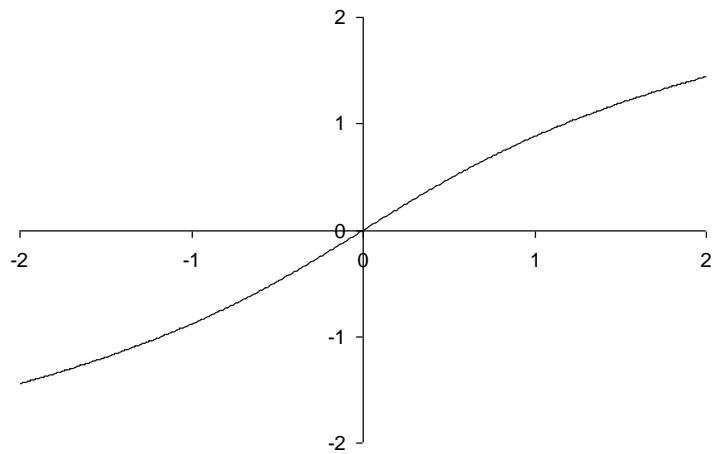
## B) Inverse Hyperbolic Functions

### 1- Definitions

$$(1) y = \sinh^{-1} x = \ln\left(x + \sqrt{x^2 + 1}\right)$$

$$\therefore x = \sinh y$$

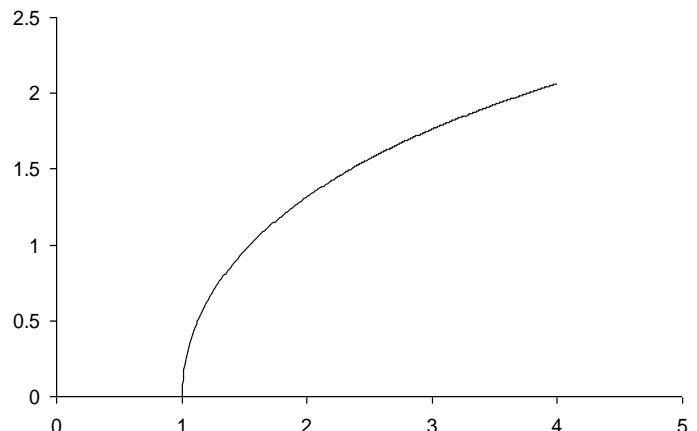
D : All x; R : All y



$$(2) y = \cosh^{-1} x = \ln\left(x + \sqrt{x^2 - 1}\right)$$

$$\therefore x = \cosh y$$

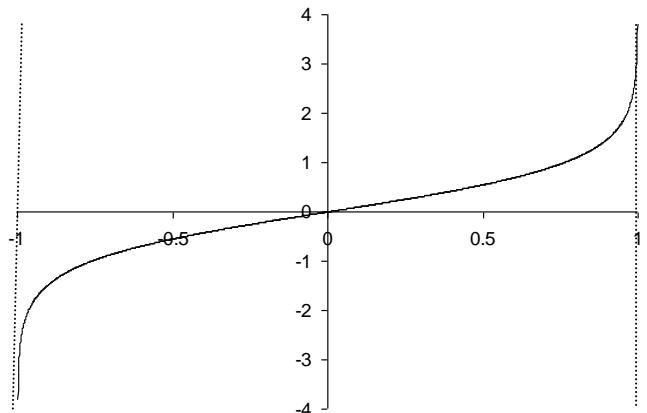
D :  $x \geq 1$ ; R :  $y \geq 0$



$$(3) y = \tanh^{-1} x = \frac{1}{2} \ln\left(\frac{1+x}{1-x}\right)$$

$$\therefore x = \tanh y$$

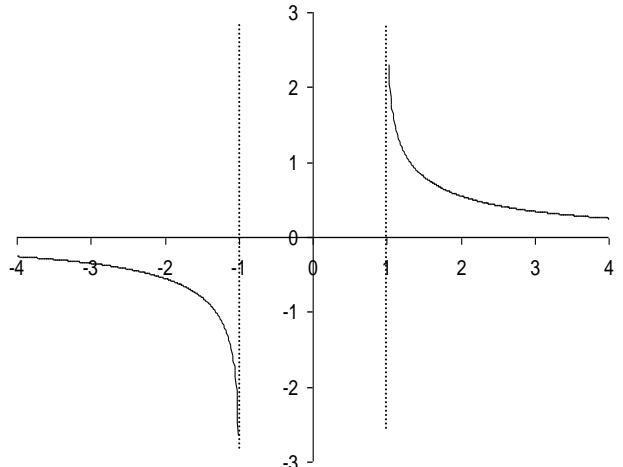
D :  $-1 < x < 1$ ; R : All y



$$(4) y = \coth^{-1} x = \frac{1}{2} \ln\left(\frac{x+1}{x-1}\right)$$

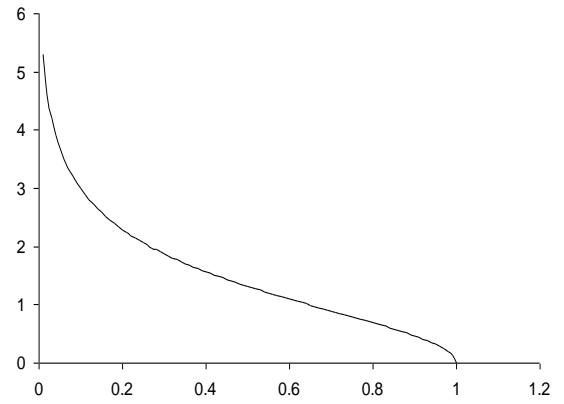
$$\therefore x = \coth y$$

D :  $-1 > x > 1$ ; R : All y Except  $y = 0$



$$(5) y = \operatorname{sech}^{-1} x = \ln \left[ \frac{1 + \sqrt{1 - x^2}}{x} \right]$$

$$\operatorname{sech}^{-1} x = \cosh^{-1} \left( \frac{1}{x} \right)$$

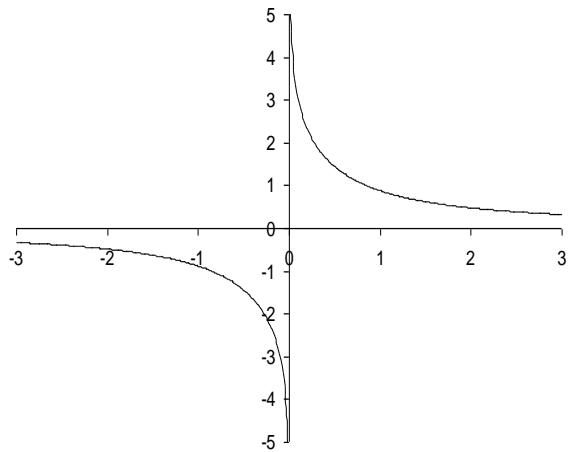


$$\therefore y = \operatorname{sech}^{-1} x \Rightarrow x = \operatorname{sech} y = \frac{1}{\cosh y} \Rightarrow \cosh y = \frac{1}{x} \Rightarrow y = \cosh^{-1} \left( \frac{1}{x} \right) = \operatorname{cosh}^{-1} x$$

D :  $0 < x \leq 1$ ; R :  $y \geq 0$

$$(6) y = \operatorname{csch}^{-1} x = \ln \left[ \frac{1}{x} + \frac{\sqrt{x^2 + 1}}{|x|} \right]$$

$$\operatorname{csch}^{-1} x = \sinh^{-1} \left( \frac{1}{x} \right)$$



$$\therefore y = \operatorname{csch}^{-1} x \Rightarrow x = \operatorname{csc} hy = \frac{1}{\sinh y} \Rightarrow \sinh y = \frac{1}{x} \Rightarrow y = \sinh^{-1} \left( \frac{1}{x} \right) = \operatorname{cosh}^{-1} x$$

D : All x Except  $x = 0$ ; R : All y Except  $y = 0$

## 2- Relations

$$(1) \sinh^{-1} x = \ln \left( x + \sqrt{x^2 + 1} \right)$$

$$\text{Let } y = \sinh^{-1} x \Rightarrow x = \sinh y = \frac{e^y - e^{-y}}{2} \Rightarrow 2x = e^y - \frac{1}{e^y}$$

$$\therefore 2x e^y = (e^y)^2 - 1 \Rightarrow (e^y)^2 - 2x e^y - 1 = 0 \quad \text{Quadratic Equation}$$

$$\therefore e^y = \frac{2x \pm \sqrt{4x^2 + 4}}{2} = x \pm \sqrt{x^2 + 1}$$

$$\because x^2 + 1 > x \text{ and } e^y = \text{positive} \Rightarrow e^y = x + \sqrt{x^2 + 1}$$

$$\therefore y = \sinh^{-1} x = \ln(x + \sqrt{x^2 + 1})$$

$$(2) \cosh^{-1} x = \ln(x + \sqrt{x^2 - 1})$$

$$\text{Let } y = \cosh^{-1} x \Rightarrow x = \cosh y = \frac{e^y + e^{-y}}{2} \Rightarrow 2x = e^y + \frac{1}{e^y}$$

$$\therefore 2x e^y = (e^y)^2 + 1 \Rightarrow (e^y)^2 - 2x e^y + 1 = 0 \text{ Quadratic Equation}$$

$$\therefore e^y = \frac{2x \pm \sqrt{4x^2 - 4}}{2} = x \pm \sqrt{x^2 - 1} \Rightarrow y = \ln(x \pm \sqrt{x^2 - 1})$$

$$\text{Either } y = \ln(x + \sqrt{x^2 - 1})$$

$$\text{Or } y = \ln(x - \sqrt{x^2 - 1}) = \ln\left(\frac{(x - \sqrt{x^2 - 1})(x + \sqrt{x^2 - 1})}{x + \sqrt{x^2 - 1}}\right) = \ln\left[\frac{x^2 - x^2 + 1}{x + \sqrt{x^2 - 1}}\right]$$

$$= \ln\left[\frac{1}{x + \sqrt{x^2 - 1}}\right] = -\ln(x + \sqrt{x^2 - 1})$$

$$\therefore \cosh^{-1} x \geq 0 \Rightarrow y = \cosh^{-1} x = \ln(x + \sqrt{x^2 - 1})$$

$$(3) \operatorname{sech}^{-1} x = \ln\left[\frac{1 + \sqrt{1 - x^2}}{x}\right], 0 < x \leq 1$$

$$\therefore \operatorname{sech}^{-1} x = \cosh^{-1}\left[\frac{1}{x}\right] = \ln\left[\frac{1}{x} + \sqrt{\frac{1}{x^2} - 1}\right] = \ln\left[\frac{1}{x} + \sqrt{\frac{1 - x^2}{x^2}}\right]$$

$$\therefore \operatorname{sech}^{-1} x = \ln\left[\frac{1 + \sqrt{1 - x^2}}{x}\right]$$

$$(4) \operatorname{csc}^{-1} x = \ln\left[\frac{1}{x} + \frac{\sqrt{1 + x^2}}{|x|}\right], x \neq 0$$

$$\therefore \operatorname{csc}^{-1} x = \sinh^{-1}\left[\frac{1}{x}\right] = \ln\left[\frac{1}{x} + \sqrt{\frac{1}{x^2} + 1}\right] = \ln\left[\frac{1}{x} + \sqrt{\frac{1 + x^2}{x^2}}\right]$$

$$\therefore \csc h^{-1}x = \ln \left[ \frac{1}{x} + \frac{\sqrt{1+x^2}}{|x|} \right]$$

$$(5) \tanh^{-1} x = \frac{1}{2} \ln \left[ \frac{1+x}{1-x} \right]$$

$$\text{Let } y = \tanh^{-1} x \Rightarrow x = \tanh y = \frac{e^y - e^{-y}}{e^y + e^{-y}} \Rightarrow x = \frac{e^{2y} - 1}{e^{2y} + 1}$$

$$\therefore x e^{2y} + x = e^{2y} - 1 \Rightarrow e^{2y} (1-x) = 1+x$$

$$\therefore e^{2y} = \frac{1+x}{1-x} \Rightarrow 2y = \ln \left[ \frac{1+x}{1-x} \right] \Rightarrow y = \frac{1}{2} \ln \left[ \frac{1+x}{1-x} \right]$$

$$(6) \coth^{-1} x = \frac{1}{2} \ln \left[ \frac{x+1}{x-1} \right]$$

$$\text{Let } y = \coth^{-1} x \Rightarrow x = \coth y = \frac{e^y + e^{-y}}{e^y - e^{-y}} \Rightarrow x = \frac{e^{2y} + 1}{e^{2y} - 1}$$

$$\therefore x e^{2y} - x = e^{2y} + 1 \Rightarrow e^{2y} (x-1) = x+1$$

$$\therefore e^{2y} = \frac{x+1}{x-1} \Rightarrow 2y = \ln \left[ \frac{x+1}{x-1} \right] \Rightarrow y = \frac{1}{2} \ln \left[ \frac{x+1}{x-1} \right]$$

### 3- Derivatives

$$(1) y = \sinh^{-1}(x) \Rightarrow x = \sinh y$$

$$\therefore 1 = \cosh y \frac{dy}{dx} \Rightarrow \frac{dy}{dx} = \frac{1}{\cosh y} = \frac{1}{\sqrt{1+\sinh^2 y}}$$

$$\therefore \frac{dy}{dx} = \frac{1}{\sqrt{1+x^2}}$$

$$(2) y = \cosh^{-1}(x) \Rightarrow x = \cosh y$$

$$\therefore 1 = \sinh y \frac{dy}{dx} \Rightarrow \frac{dy}{dx} = \frac{1}{\sinh y} = \frac{1}{\sqrt{\cosh^2 y - 1}}$$

$$\therefore \frac{dy}{dx} = \frac{1}{\sqrt{x^2 - 1}}$$

$$(3) y = \tanh^{-1}(x) \Rightarrow x = \tanh y$$

$$\therefore 1 = \operatorname{sech}^2 y \frac{dy}{dx} \Rightarrow \frac{dy}{dx} = \frac{1}{\operatorname{sech}^2 y} = \frac{1}{1 - \tanh^2 x}$$

$$\therefore \frac{dy}{dx} = \frac{1}{1 - x^2}$$

$$(4) y = \coth^{-1}(x) \Rightarrow x = \coth y$$

$$\therefore 1 = -\operatorname{csc}^2 y \frac{dy}{dx} \Rightarrow \frac{dy}{dx} = \frac{-1}{\operatorname{csc}^2 y} = \frac{-1}{1 - \coth^2 x}$$

$$\therefore \frac{dy}{dx} = \frac{-1}{1 - x^2}$$

$$(5) y = \operatorname{sech}^{-1} x \Rightarrow x = \operatorname{sech} y$$

$$\therefore 1 = -\operatorname{sech} y \tanh y \frac{dy}{dx} \Rightarrow \frac{dy}{dx} = \frac{-1}{\operatorname{sech} y \tanh y} = \frac{-1}{\operatorname{sech} y \sqrt{1 - \operatorname{sech}^2 y}}$$

$$\therefore \frac{dy}{dx} = \frac{-1}{x \sqrt{1 - x^2}}$$

$$(6) y = \operatorname{csc}^{-1} x = \sinh^{-1} \left[ \frac{1}{x} \right]$$

$$\therefore \frac{dy}{dx} = \frac{1}{\sqrt{1 + \left( \frac{1}{x} \right)^2}} \cdot \frac{-1}{x^2}$$

$$\therefore \frac{dy}{dx} = \frac{1}{\sqrt{1 + \frac{1}{x^2}}} \cdot \frac{-1}{x^2} = \frac{-1}{x^2 \sqrt{\frac{x^2 + 1}{x^2}}}$$

$$\therefore \frac{dy}{dx} = \frac{-1}{x^2 \frac{\sqrt{x^2 + 1}}{|x|}} \Rightarrow \frac{dy}{dx} = \frac{-1}{|x| \sqrt{x^2 + 1}}$$

#### 4- Integrals

$$(1) \int \frac{1}{\sqrt{1+x^2}} dx = \sinh^{-1}(x) + c$$

$$(2) \int \frac{1}{\sqrt{x^2 - 1}} dx = \cosh^{-1}(x) + c$$

$$(3) \int \frac{f'(x)}{1-f^2(x)} dx = \tanh^{-1}[f(x)] + c, \text{ When } |f(x)| < 1$$

$$\int \frac{f'(x)}{1-f^2(x)} dx = \coth^{-1}[f(x)] + c, \text{ When } |f(x)| > 1$$

$$\int \frac{f'(x)}{1-f^2(x)} dx = \frac{1}{2} \ln \left| \frac{1+f(x)}{1-f(x)} \right| + c$$

$$(4) \int \frac{1}{x\sqrt{1-x^2}} dx = -\sec h^{-1}(x) + c$$

$$(5) \int \frac{1}{x\sqrt{1+x^2}} dx = -\csc h^{-1}|f(x)| + c$$

**Ex3:** Evaluate the following integrals:

$$(1) \int \frac{1}{\sqrt{3+x^2}} dx = \int \frac{1/\sqrt{3}}{\sqrt{1+(\frac{x}{\sqrt{3}})^2}} dx = \sinh^{-1}\left[\frac{x}{\sqrt{3}}\right] + c$$

$$(2) \int \frac{1}{\sqrt{x+x^2}} dx = \int \frac{1}{\sqrt{x}\sqrt{1+x}} dx = 2 \int \frac{1}{\sqrt{1+(\sqrt{x})^2}} = 2 \sinh^{-1}\left[\sqrt{x}\right] + c$$

$$(3) \int \frac{1}{x\sqrt{(\ln x)^2 - 9}} dx = \int \frac{(1/3x)}{\sqrt{\left(\frac{\ln x}{3}\right)^2 - 1}} dx = \cosh^{-1}\left[\frac{\ln x}{3}\right] + c$$

$$(4) \int \frac{\cos x}{\sqrt{5-\cos^2 x}} dx = \int \frac{\cos x}{\sqrt{5-1+\sin^2 x}} dx = \int \frac{\cos x}{\sqrt{4+\sin^2 x}} dx$$

$$= \int \frac{\cos x / 2}{\sqrt{1+\left[\frac{\sin x}{2}\right]^2}} dx = \sinh^{-1}\left[\frac{\sin x}{2}\right] + c$$

**Ex4:** Prove that:

$$\tanh^{-1} \left[ \frac{x^2 - 1}{x^2 + 1} \right] = \ln x$$

**Solution**

$$\text{Let } y = \tanh^{-1} \left[ \frac{x^2 - 1}{x^2 + 1} \right] \Rightarrow \tanh y = \frac{x^2 - 1}{x^2 + 1} \Rightarrow \frac{e^y - e^{-y}}{e^y + e^{-y}} = \frac{x^2 - 1}{x^2 + 1}$$

$$\therefore \frac{e^y - e^{-y}}{e^y + e^{-y}} \times \frac{e^y}{e^y} = \frac{x^2 - 1}{x^2 + 1} \Rightarrow \frac{e^{2y} - 1}{e^{2y} + 1} = \frac{x^2 - 1}{x^2 + 1}$$

$$\therefore e^{2y} (x^2 + 1) - (x^2 + 1) = e^{2y} (x^2 - 1) + (x^2 - 1) \Rightarrow 2e^{2y} = 2x^2 \Rightarrow e^{2y} = x^2$$

$$\therefore 2y = \ln x^2 = 2 \ln x \Rightarrow y = \ln x \Rightarrow \tanh^{-1} \left[ \frac{x^2 - 1}{x^2 + 1} \right] = \ln x$$

**Ex5:** Prove that:

$$\frac{1 + \tanh x}{1 - \tanh x} = e^{2x}$$

**Solution**

$$\therefore \frac{1 + \tanh x}{1 - \tanh x} = \frac{1 + \frac{\sinh x}{\cosh x}}{1 - \frac{\sinh x}{\cosh x}}$$

$$= \frac{\frac{\cosh x + \sinh x}{\cosh x}}{\frac{\cosh x - \sinh x}{\cosh x}} = \frac{\cosh x + \sinh x}{\cosh x - \sinh x} = \frac{e^x}{e^{-x}} = e^{2x}$$

**Ex6:** If  $a = \cosh x$  and  $b = \sinh x$ , prove that:

$$(a + b)^2 e^{-2x} = a^2 - b^2$$

**Solution**

$$\therefore a + b = \cosh x + \sinh x = e^x$$

$$\therefore (a + b)^2 e^{-2x} = (e^x)^2 e^{-2x} = e^{2x} e^{-2x} = 1$$

$$\therefore a^2 - b^2 = \cosh^2 x - \sinh^2 x = 1$$

$$\therefore (a + b)^2 e^{-2x} = a^2 - b^2$$